

INVITATION

Osteoporosis and Arthritis of the knee

A free evening of expert talks

24TH JANUARY 2012

SSC, Physiotherapy Department,
Santry Demesne, Dublin 9

7.00pm

(Registration & refreshments
available from 6.30pm)

The first part of the evening will consist of a presentation by Michelle O'Brien from the Irish Osteoporosis Society (a charity dedicated to reducing the incidence of Osteoporosis and promoting bone health) entitled 'Osteoporosis – All you need to know'.

Osteoporosis means porous bones. It is a silent disease that is usually not diagnosed until a fracture / broken bone occurs. The disease affects all age groups and both sexes, it's not just a female or elderly disease.

Those with Osteoporosis are more at risk of fracture / broken bones following a fall. Michelle's presentation will incorporate fall prevention.

The second part of our evening will be a presentation by Mr Niall Hogan on Knee Arthritis. Arthritis affects almost one million men and women and over one thousand children in Ireland.

It is a condition everyone has heard of but few understand. Mr Hogan will focus on one of the main joints affected; the knee.

A DEXA scan is a simple 15 minute test that helps diagnose Osteoporosis. During the month of February SSC will donate €10 from each DEXA scan to the Irish Osteoporosis Society.

To confirm your place contact Fiona Roche on 01 5262168 or email fionaroches@sportssurgeryclinic.com

SSC
SPORTS SURGERY CLINIC
Specialists in Joint Replacement, Spinal Surgery,
Orthopaedics and Sport Injuries



MICHELLE O'BRIEN

Michelle is the Chief Operating Officer of the Irish Osteoporosis Society where she has worked for eleven years. Originally from Dublin with a background in physiotherapy, Michelle trained in the United States and specialises in fall prevention in senior citizens.



MR NIALL HOGAN

Orthopaedic Consultant at SSC

Mr Niall Hogan is a Consultant Orthopaedic Surgeon who works in St.James's Hospital, Cappagh National Orthopaedic Hospital, and the Sports Surgery Clinic. He graduated from the Royal College of Surgeons in Ireland in 1995 and after specialist training completed an overseas fellowship in the North Sydney Orthopaedic and Sports Medicine Centre in Australia. Niall has been with the Sports Surgery Clinic since it opened in 2007. He has a special interest in knee surgery, sports injuries, knee and hip replacement.

